

**The Studio Knitting & Needlepoint
5th Annual Retreat @ the Historic Elms Hotel & Spa
Excelsior Springs, MO
January 28-30, 2011**



Join in the celebration of FIVE years of fun as Studio friends and fans from all over the country gather at the Historic Elms Hotel and Spa in Excelsior Springs. This event is sure to take the blah out of your winter blues. Cozy up in front of a big stone fireplace. Take a class or two or three. Indulge in a spa treatment, enjoy the Yarn Market, and a designer fashion show. Show off your own handcrafted accomplishments at the participant fashion show. Relax and have fun with friends old and new. Choose from two different packages:

FULL WEEKEND PACKAGE

Includes:

- Goody Bag
- Friday Dinner Buffet
- Saturday Breakfast, Lunch & Dinner
- Sunday Breakfast
- Friday Night "Strut Your Stuff" Fashion Show
- Saturday Night Designer Fashion Show
- Other fun activities from our "cruise" director.

\$150 per person

SATURDAY (DAY) ONLY PACKAGE*

Includes:

- Goody Bag
- Saturday Breakfast, Lunch and Dinner
- Saturday Designer Fashion Show
- Other fun activities from our "cruise" director

\$130 per person

**Note: If you choose to spend only one night, Friday or Saturday, the full weekend package applies.*

Register by January 5 and receive \$15 gift certificate to be used at the Market!

ADDITIONAL COSTS:

- **Bar tabs, purchases from the market**
- **Class Fees:** \$50 per three hour session.
\$20 for one hour session, three one-hour sessions for \$50
- **Hotel Room:** \$79 per night for single/double
\$89 per night for triple
\$99 per night for suite/quad

Please book your own room as soon as possible. A block of rooms is being held under the name of the Studio Knitting & Needlepoint. Call 1.800.the-elms or (1.800.843.3567)

- **Spa services:** Prices vary per service. For list of services and prices, go to www.elmsresort.com. **Book in advance to get the services you want!**



RETREAT SCHEDULE



Friday, January 28

- 4-7 pm Registration
6 pm Happy Hour at the Historic Elms Bar!
7-8 pm Soup, Salad and Sandwich Dinner Buffet
8-9 pm "Strut Your Stuff" Fashion Show. Register your own handwork on the class description page **OR** when you arrive at the Elms and then proudly model your favorite item for everyone!
9 pm Door Prizes and Market Grand Opening
9:30 pm Late Night "Cruise" Activities

Saturday, January 29

- 8-9 am Breakfast Buffet.
NEW this year!—Continuous beverage service throughout the day including coffee, tea and assorted soft drinks.
9 am-Noon: Classes (***see opposite page for choices & descriptions***)
12-1 pm: Yee-ha! BBQ Buffet Lunch is served! Vegetarian option available.
1:30-4:30 pm Classes (***see opposite page for choices & descriptions***)
NEW this year...One Hour-One Skill classes. Take a class, take a spa treatment, take a nap. What could be better!?
NEW this year!—Afternoon snack break
4:45-5:45 pm: **Free** Handwork Fitness Class. Put down your project, stay in your chairs and use a little yoga and massage to tune up your hands, spine and eyes. And for the more ambitious, there will be a very active out-of-your-chair ending. (*Nirmal Kaur Khalsa*)
6-7 pm Happy Hour at the Historic Elms Bar!
7 pm Mixed Grill Dinner is served! Make your choices on the registration page. Vegetarian option available.
8 pm Designer fashion show and door prizes
9 pm Late night "Cruise" Activities

Sunday, January 30

- 8-9 am Breakfast Buffet
9 am-Noon: Classes (***see opposite page for choices & descriptions***)
MORE One Hour-One Skill classes
Noon: Checkout Time—Late check-out available
See you next year!



CLASS DESCRIPTIONS



Class sessions are \$50 for each 3 hour session. \$20 for each 1 hour session, \$50 for every 3 one hour sessions you take. Please check the class(es) you wish to take. Go to the Studio website (www.thestudiokc.com) for class supplies and pre-class homework or ask for a supply/homework list at the Studio. Please purchase your supplies prior to the Retreat and bring your own notions.

Saturday Morning

January 29, 9 am-Noon

___ **Free Form Rectangles** — Don't feel intimidated by free form! Try this simpler variation. Knitted or crocheted, your piece can magically transform into a hat or vest. (*Nirmal Kaur Khalsa*)

___ **Top Down Cardigan (Part 1)** — Discover how easy it is to make seamless garments knitted top-down. In 6 hours, you'll be on your way to completing the Mr. Green Jeans cardigan while learning about pattern sizing, button bands, cabling and more. (*Sarah Wilson*)

___ **Charts Made Simple** — Don't let fear of charts keep you from knitting cables, lace or intarsia. Know what those charts are telling you then knit a swatch from a chart. (*Cindy Craig*)

___ **Beaded Cuffs** — Learn how to string beads on yarn and have them ready to add to your knitting. Knit a beautiful beaded cuff during class. (*Joan Daniels*)

Saturday Afternoon

January 29, 1:30-4:30 pm

THREE HOUR CLASSES

___ **Felted Clogs** — Learn to make these cozy clogs. Knit them in class, then join the instructor for impromptu knit-alongs throughout the weekend. (*Alie Scholes*)

___ **Needle-felting 101** — Learn basic techniques for needle-felting; including types of felting and how felting works. Discover how to "upcycle" thrift store sweaters and embellishing knitted and felted items. (*Polly Blair*)

___ **Dorset Buttons** — Enhance the look of any garment with these beautiful handmade buttons. All you need is a base shape, a needle, perle cotton and your imagination. (*Cindy Craig*)

ONE HOUR CLASSES (Really 55 minutes ;-)

___ **Simple Single Crochet Stitch** — (1:30-2:25 pm) Learn the single crochet stitch, then use it in the round to make a coaster or doll's house rug. Full size rug kits will be available in the market. (*Nirmal Kaur Khalsa*)

___ **Kitchener Stitch Made Easy** — (2:30-3:25 pm) Many a knitter has faltered when faced with this wonderful stitch for joining two equal pieces of knitting. We'll learn how easy this stitch is. (*Mary K. Holdgraf*)

___ **Mitered Squares** — (3:30-4:25 pm) Learn how to make mitered squares and use them as building blocks of blankets, garments and more. (*Mary K. Holdgraf*)

Sunday Morning

January 30, 9 am-Noon

THREE HOUR CLASSES

___ **Baby Socks** — Learn the basics of sock-making from the top down; casting on the cuff, turning the heel and finishing off the toe—all in a small baby sock size. (*Mary K Holdgraf*)

___ **Needle-felting in 3-D** — If you have needle-felted before, learn how to use these skills to make three dimensional creations. Experience several methods of felting as well as construction techniques and how to use armatures. (*Polly Blair*)

___ **Top Down Cardigan (Part 2)** — Discover how easy it is to make seamless garments knitted top-down. In 6 hours, you'll be on your way to completing the Mr. Green Jeans cardigan while learning about pattern sizing, button bands, cabling and more. (*Sarah Wilson*)

ONE HOUR CLASSES (Really 55 minutes ;-)

___ **Casting On** — (9-9:55 am) We often cast on the way we were first taught but often there are other ways to cast on more appropriate to the project. Learn several cast-ons and when to use them. (*Joan Daniels*)

___ **Continental Purl** — (10-10:55 am) Knitters who can continental knit often struggle with doing the purl stitch using that method. Learn how to do it better in this class. (*Joan Daniels*)

___ **Bind-offs** — Learn different techniques for binding off your knitting that will give your project that professionally finished look. (*Joan Daniels*)

**I WANT TO "Strut My Stuff" Friday night!
(Limit to one item, please!)**

Your Name: _____

Project and/or Pattern Name:

Yarn Used:

Comments:

RETREAT REGISTRATION

Name: _____

Ravelry Name (optional) _____

Daytime Phone # _____ Email _____

Address: _____
Street City State Zip

Emergency Contact: _____
Name Phone number Relationship

Saturday Dinner Choices (please circle your choices):

Choose one main entrée: 8 oz. KC Strip Steak or 6 oz. Breast of Chicken

Then choose one side entrée: Shrimp Scampi or 4 oz Salmon Fillet

Or choose Vegetarian Entrée: Portabella Mushroom Stroganoff

CALCULATE FEE

Weekend package (\$150) OR Saturday Day Package (\$130) _____

Plus # of 3 hour class sessions _____ X \$50 = + _____

Plus # of 1 hour class sessions _____ X \$20 = + _____

Subtotal _____

Minus \$10 discount for three one-hour classes - _____

TOTAL OWED _____

Total amount due @ time of registration. FINAL registration deadline is January 21, 2011.
Refunds available up to 1/21/2011 minus \$20 handling fee. No refunds after January 21.
Please make check out to: **The Studio Knitting & Needlepoint** and enclose with registration. Mail to 1121 W. 47th St, Kansas City, MO 64112 or bring to the store.

To pay by credit card:

Credit Card Number: _____

Exp. Date: _____ Security # _____

(last 3 digits of number on back of card)

Signature: _____

Please Print Name as it appears on card